

**Fit Facts:** The AHS Suggests that men who drank five or six daily glasses of water had a substantial reduction in the risk of a fatal heart attack – 60 to 70% – compared to those who drank considerably less. [www.bluezones.com](http://www.bluezones.com)



## Healdsburg Seventh-day Adventist Church

February 17, 2018

**9. Healdsburg Community Church** is looking for help in the church Nursery Sunday mornings 9:00-11:00. A Healdsburg Community Church member will be in charge of the lesson, so the person hired to assist will be there to be supportive, play with kids, serve snacks, change diapers, etc. Applicants must be 18+ and pass a background check; pay will be \$20/hour. Call the Healdsburg Community Church at 707-433-8886 to apply.

**10. Make Plans Now** to attend the 17th annual NCC Prayer Retreat, March 9-11, at Leoni Meadows. Speakers will be Rick and Cindy Mercer from the Carolina Conference. (He is a pastor, and she is prayer/women's ministries director.) Kids and teens will enjoy programs created just for them. For more information, visit [www.nccsda.com/prayerretreat](http://www.nccsda.com/prayerretreat) and register by contacting Lanni Rae Aasen at (530) 401-1354 or [artbylanniraeaasen@gmail.com](mailto:artbylanniraeaasen@gmail.com).

Our mission is to be a family-friendly church  
encouraging growth in Christ and daily readiness for His return.

## The Church at Worship

11:00 - 12:15

Gathering for Worship

Church Life | Karen Carpenter

Praise Songs | Praise Team

Prayer | Barbara Walker

Gifts of Worship | Karen Carpenter

Local Church Budget

Children's Story | Lauren Irwin

Scripture | Sonny Walker

Mark 2:1-5

Worship in Song | Praise Team

Sabbath Message | Jimmy Painter

*Forgiveness Through Destruction*

\*Congregation may dismiss themselves at their convenience.\*

# The Church at Study

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## Children's Sabbath School Ministries

Beginners | Ages 0-3

Kindergarten | Ages 4-6

Primary | Ages 7-9

Junior/Earliteen | Ages 10-14

Youth | High School

## Adult Sabbath School Ministries

*Stewardship* | Multipurpose Room

*Acts* | Patio Room

*Luke* | Behind Organ

# At Your Service

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## Pastor: Jimmy Painter

james.painter@nccsda.com

## Secretary: Trudy Brajnikoff

Tuesday & Thursday | 10:00-2:00

707-433-1737 | healdsburgsda@gmail.com

**Church Website:** healdsburgsda.com

## Serving Today:

Worship Leader | Karen Carpenter

Deacons | Norm Barnhart, Nolan Irwin,  
& Caleb Privat

Music Coordinator | Karen Carpenter

Keyboard | Elaine Privat

Audio Visual | Privat Family

Flowers | Ron Wheeler

Greeters | Judy Drummond & Pam Hall

Kitchen | Andrew & Renee Brassington

# The Church Calendar

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Today | 12:30 | Lunch Bunch

Today | 2:00 | Sabbath Walk

Today | 5:51 | Sunset

Tue | 6:00 | Prayer Group | Steensma Home

Tue | 7:00 | Pathfinders

Wed | 1:00 | Choir Practice

Fri | 5:58 | Sunset

Sab | 9:00 | Fellowship Breakfast

Sab | 9:45 | Sabbath School Classes

Sab | 11:00 | Worship Celebration | Jimmy Painter

Sab | 12:30 | Lunch Bunch

# The Church In Action

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## 1. Welcome to Healdsburg Adventist Church!

Press close to our Savior and hear His words, "Your sins are forgiven."

## 2. Today's Offering is for Local Church Budget.

Yes, our church has a budget, but the question now comes "Do you and I have a budget? Whether it's our finances, possessions, relationships, health, or time, let's be faithful stewards in all that we do. And God will bless. He always does!"

3. **Next Sabbath** our speaker will be Pastor Jimmy Painter.

4. **Membership Transfer Recommendation:** David Arthur to Cloverdale Church. Second Reading.

## 5. Walkers, Hikers and Lovers of the Outdoors:

You are invited this Sabbath, February 17, to join in a walk at Blue Springs Ranch, the Privat's home in Geyserville. Directions will be provided after Lunch Bunch at the church.

6. **Carol Peterson** has been transferred from Healdsburg Hospital to Novato Healthcare Center. Carol is in need of cards, phone calls, and visitors. 1565 Hill Road, Novato, CA 94947. She may be reached on her cell phone at 707-889-5582 or at 415-897-6161.

7. **Redwood Adventist Academy** needs van drivers in the morning and evening. They have 2 vans that drive to San Rafael twice a day and need a few people who can commit to driving any day M-F. If you are able to take any day please let Reola know. Thank you. Reola Meadows: [707-975-1933](tel:707-975-1933)

8. **Attend Academy Days** February 23-25 to find out if Rio Lindo Adventist Academy is right for you. Visit classes, eat in the cafeteria, sleep in the dorm, meet and interact with students, and much more! Students grades 7-11 and parents are invited to attend. For more information about this free event, visit our website at [www.riolindo.org](http://www.riolindo.org), call 707-431-5100 or email [iperalta@riolindo.org](mailto:iperalta@riolindo.org).

# Offering Schedule

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2/24 | Local Conference Advance

3/3 | Local Church Budget

3/10 | World Budget/Adventist World Radio

3/17 | Local Church Budget

